

## ABOUT THE TRAIL

The Appalachian Trail is 2,174 miles long in a corridor about 1,000 feet wide. It stretches from Springer Mountain, GA to Mt. Katahdin, ME, passing through 14 states. It was begun in 1921 and completed in 1937 and has been called “the longest National Park in the world.”

In 1984 the Department of the Interior, through the National Park Service, formally delegated to the Appalachian Trail Conservancy (ATC) the responsibility for managing the Appalachian Trail corridor. The ATC, headquartered in Harper’s Ferry, WV, works with 30 hiking clubs along the length of the Trail. It is these clubs that bear the primary responsibility for managing and maintaining the Trail on a day-by-day basis.

The Appalachian Mountain Club (AMC) and a number of its chapters are among the 30 member clubs. The AMC is a volunteer, non-profit organization with over 90,000 members. Centered in the Northeast with its headquarters in Boston, its membership is worldwide. For over 125 years the AMC has developed and managed outdoor recreation opportunities for the public in the Northeast.

The AMC maintains and manages about 1,400 miles of trail in New England and the Mid-Atlantic states, including 350 miles of the Appalachian Trail. In Connecticut, the Appalachian Trail spans more than 50 miles of varying terrain, plus many side trails which are maintained by the CT Chapter Trails Committee through individuals assigned short sections and volunteer work parties open to all. The Committee also monitors and manages the nearly 7,000 acres of National Park land along the Trail corridor in CT.



This AT Management patch identifies Chapter volunteers who are organized by the Trails Committee. These volunteers serve as Monitors, Maintainers and Guides.

1. Monitors provide periodic inspections of the corridor through which the Trail passes. Incursions (dumping, tree theft, etc.) into the corridor are reported.
2. Maintainers provide general maintenance for the Trail. This includes blazing, brush clearing, removing fallen trees, erosion control and basic maintenance of camping areas.
3. Guides provide information and low-impact use education to trail users. Guides encourage Trail users to follow the Guidelines set forth in this pamphlet.

The AT Management volunteers of the CT Chapter provide a network of people who are associates of the partnership set up to provide you, the hiking public, with a safe and enjoyable journey along the Trail.

For more information or to report problems with the Trail or corridor lands, contact:

**ATC Kellogg Conservation Center**  
Post Office Box 131  
South Egremont, MA 01258  
**(413) 528-8003**

For other CT Chapter-AMC information please visit the website at: [www.amc-ct.org](http://www.amc-ct.org)

### HUNTING CAUTION

Sections of the Trail in CT are on or close to State Forest lands and/or private properties where hunting is allowed. **Particularly during the fall deer hunting seasons, hikers should take precautions including wearing blaze orange.**

## GUIDELINES

- ◆ Before starting out, leave a detailed plan of your hike with a responsible relative or friend.
- ◆ Please use small backpacking stoves. Fires are not permitted any season on the AT in Connecticut.
- ◆ Park and camp only in designated areas indicated on the map and by signs.
- ◆ Group areas and sites are for group use only. Shelters are not for group use. (Group – a party of over five members affiliated with some organization, agency or commercial operation.)
- ◆ Keep the Trail and trailheads free of litter. Carry out and home what you carried in.
- ◆ Stay on the Trail – marked by 2" by 6" white blazes. Double blazes mark change in direction, upper blaze indicates left or right.
- ◆ Travel in groups of 25 or less. Camp in groups of 10 or less.
- ◆ The Chapter is working toward replacing our existing pit privies with moldering privies. These privies accelerate the decomposition of fecal wastes to harmless compost. Moldering privies can be most easily identified by their above ground construction. Proper use involves simply adding a handful of duff or wood chips (usually stockpiled within the privy) down the bin following each use. The composting process can be easily overwhelmed by excessive moisture and waste material, so please do not dump food scraps, trash, or other solid waste down the bin. Toss toilet paper down the privy – or better – pack it out.
- ◆ Where privies are not available, move at least 50 feet from the Trail and 200 feet from the water to bury human waste for proper decomposition.
- ◆ Treat or filter all drinking water. When washing yourself or your dishes never contaminate the water source.
- ◆ State and Federal law prohibits vehicles on the Trail; this includes bicycles. Foot travel only.
- ◆ Keep your pets under control at all times.
- ◆ Leave the flowers, plants and trees for the enjoyment of hikers who follow you. Take only photos – leave only footprints.

## DIRECTORY

The Trails Committee of the AMC Connecticut Chapter wishes to thank the following businesses for their support and recommend them to Connecticut AT users.

### ◆ CONVENIENCE STORES ◆

#### LaBonne’s Market

22 Academy St., Salisbury, CT - (860) 435-2559  
Natural & organic foods, deli & hot foods, clean public restrooms, 5 min away, across from Town Hall.

### ◆ HIKING EQUIPMENT/ CLOTHING/ACCESSORIES ◆

#### Backcountry Outfitters

[www.bcoutfitters.com](http://www.bcoutfitters.com)  
5 Bridge Street., Kent, CT - (860) 927-3377  
Full service outfitter store, shuttle service, Free WiFi, and now featuring Annie Bananie Ice Cream Shop, serving up the Best Shake on the Trail.

#### Eastern Mountain Sports

[www.ems.com](http://www.ems.com)  
Danbury – Danbury Fair Mall – (203) 794-1043  
Fairfield – Black Rock Tpke. – (203) 334-7006  
Manchester – Plaza at Buckland Hills – (860) 644-3517  
Simsbury – 530 Bushy Hill Rd. – (860) 651-8031  
Stamford – 952 High Ridge Rd. – (203) 461-9865  
Waterford – Rt. 85/Hartford Tpk. – (860) 447-8448  
West Hartford – Corbins Corner – (860) 561-4302

#### REI

[www.rei.com](http://www.rei.com)  
71 Raymond Road, West Hartford, CT  
(860) 233-2211  
Norwalk, CT “Opening Fall 2010”

### ◆ RESTAURANTS ◆

#### Bull’s Bridge Inn

Rt. 7 (across from the Covered Bridge), Kent, CT  
(860) 927-1000

#### Fife ’n Drum Inn and Restaurant

Main Street, Route 7, Kent, CT - (860) 927-3509

The Connecticut Appalachian Trail Map and Guide was printed using Soy-based Ink and Chemical-Free Plates. (Printed in the USA - 2010)

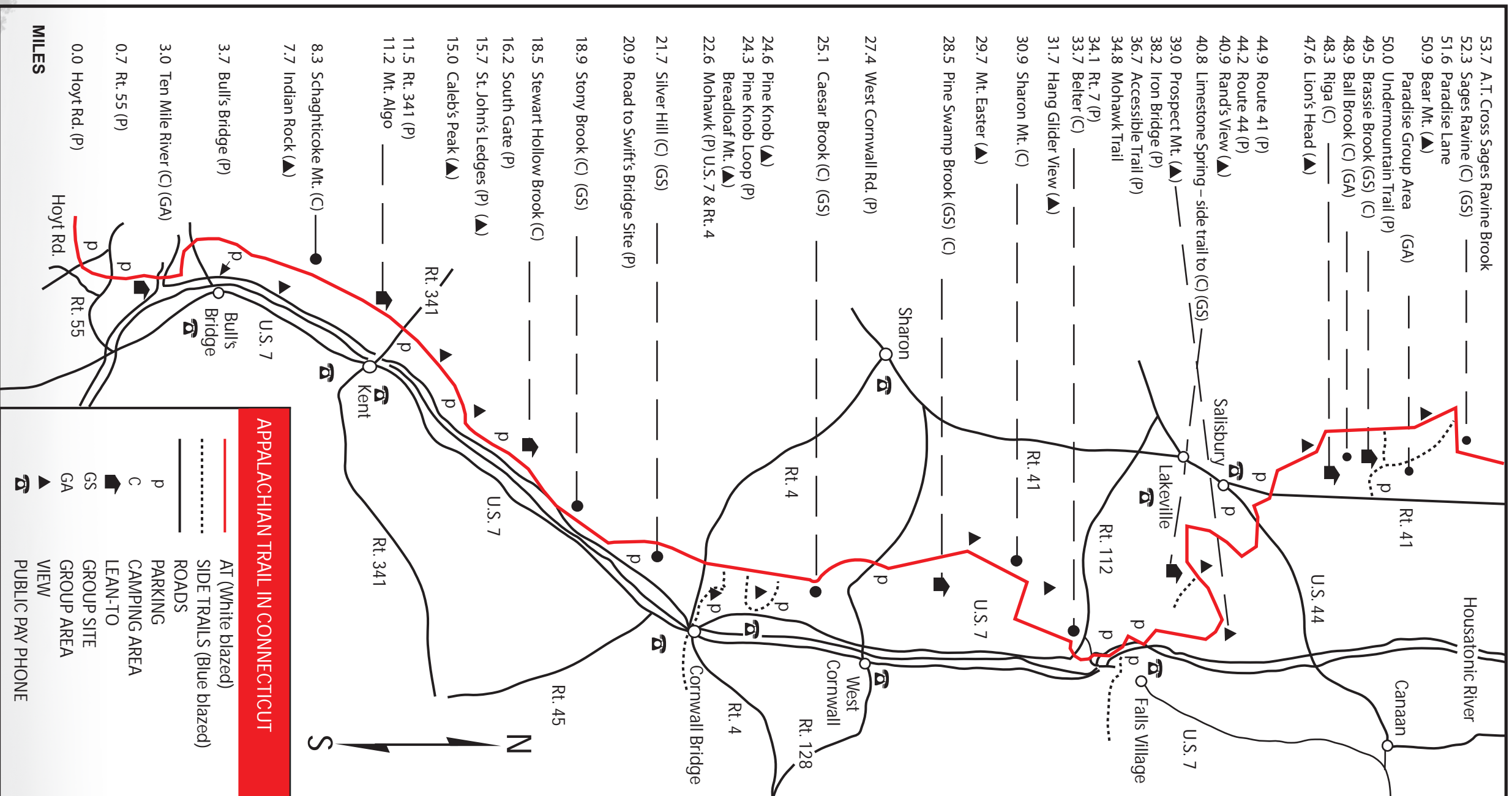
## WELCOME TO THE APPALACHIAN TRAIL IN CONNECTICUT



The Connecticut Section, from the NY State line to the brook crossing at Sages Ravine, is maintained by volunteers from the Connecticut Chapter of the Appalachian Mountain Club (AMC). You may meet AMC Ridgerunners who can assist you. We ask you to please follow the guidelines in this pamphlet and respect the rights of private landowners adjacent to the trail.

*Have a good hike!*





**FOR MORE INFORMATION ON:**

**CT BLUE TRAIL SYSTEM**

CT Forest & Park Association  
16 Meriden Road  
Rockfall, CT 06841-2961  
www.ctwoodlands.org

**OUTDOOR RECREATION IN CT**

Dept. of Environmental Protection  
Office of State Parks & Recreation  
79 Elm Street  
Hartford, CT 06106-5127

**ATC MEMBERSHIP or**

**GUIDEBOOK FOR CT**

Appalachian Trail Conservancy  
Post Office Box 807  
Harpers Ferry, WV 25425-0807  
www.atconf.org

**AMC MEMBERSHIP**

Appalachian Mountain Club  
5 Joy Street  
Boston, MA 02108  
www.outdoors.org

**FOR EMERGENCY USE ONLY**  
Fire, Law Enforcement, Medical Emergency,  
Search and Rescue  
**IN CONNECTICUT CALL: 911**